

Abstract

Water stress, permanent or temporary, limits the growth and the distribution of natural vegetation and the performance of cultivated plants more than any other environmental factors. Water deficit stress provokes reactive oxygen species (ROS) including superoxide, hydroxyl and hydrogen peroxide production in plant cell chloroplasts and subsequently causes lipid membrane peroxidation and damage. In this research, the effects of water stress and the effect of alpha-tocopherol as a protecting factor in *Lepidium sativum* L. on metabolites compatible (proline and soluble carbohydrates contents) and antioxidant enzymes activity were studied. An experiment was conducted in a factorial design based on randomized complete block design with three replications and two treatments: drought stress levels (in three levels) and treatment with different concentrations of alpha-tocopherol (in three levels) in the laboratory of Zabol University in 2013. The statistical analysis showed that water deficit had a significant effect on soluble carbohydrates, proline contents and antioxidant enzymes activity, as this enhancement was remarkable in severe stress whereas, foliar application of alpha-tocopherol decreased it. Proline and soluble carbohydrates levels were significantly different for all treatments except for the treatment of medium stress along with 15 μM alpha-tocopherol. Enzyme levels in medium stress and severe stress were significantly different, 5 μM alpha-tocopherol along with different water stress levels showed no reducing effect. However, 15 μM alpha-tocopherol, especially in medium stress, could reduce the effect of water stress through reduction in the level of metabolites produced in response to low irrigation. In addition, plants were preferred to use alpha-tocopherol as a scavenger rather than the enhancement of enzyme activity against stress. The latter could directly decrease enzyme activity and improve growth conditions for plants.

Key words: *Lepidium sativum* L., proline, antioxidant enzymes, water deficit.



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**The effect of water stress and its
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